



ELIZABETH AYERS

BRIDAL & COUTURE

TAKING YOUR MEASUREMENTS

Height

Measure from the top of your head to the end of your toes.

Waist

Above the belly button, just below the rib cage. Bend to one side to find natural crease of your waist, then measure across this point.

Shoulders

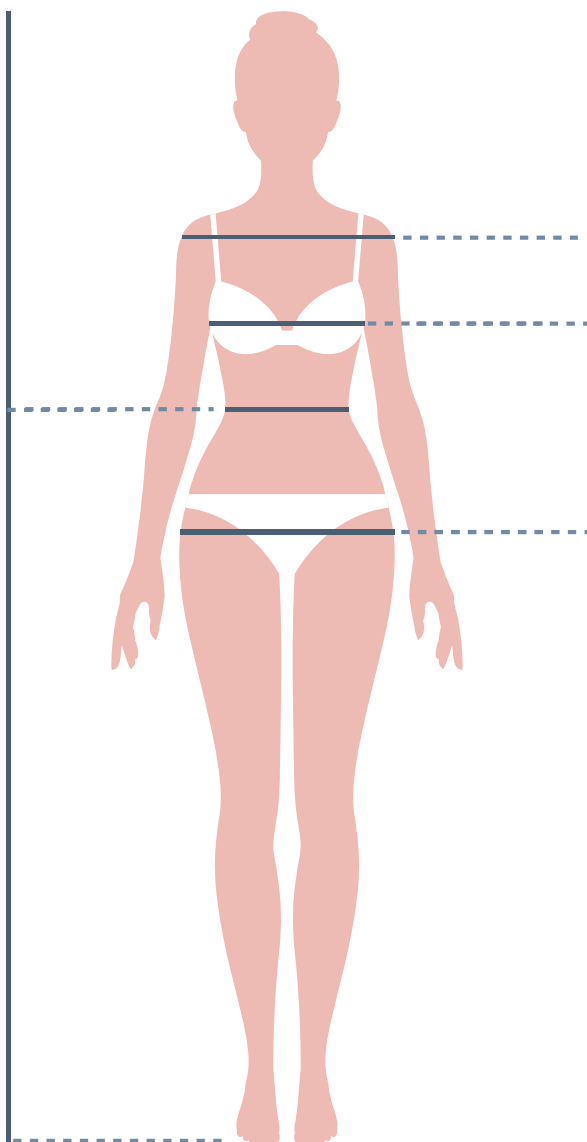
Measure the width of your shoulders from one shoulder bone to the other

Bust

Stand with your arms relaxed. Measure under arms and around the fullest part of the bust

Hips

With heels together, measure around the widest part of your hip area



Please note: All measurement should be taken using a vinyl measuring tape.